

APRIL



Special Announcements

- 1 – CDE – Clarendon College & HS Track at Water Valley
- 3 – Reptile show – 10:00
- 4 – JH District Track at Sands
- 6 – CDE at TSU
- 6-8 – Regional UIL Academic Meet
- 7 – CDE at San Angelo & End of 5th Six Weeks Klondike Relays at Sands
- 8 – CDE at TTU
- 9 – Palm Sunday
- 10 – District Golf at Gaines County Board Meeting
- 11 – Area Wildlife CDE & Cheerleader Tryouts (Passover)
- 13 – Kindergarten Easter Play-9:45 Easter egg hunt – 10:00 a.m.
- 13-14 – HS & Area track meet at Borden County
- 14 – **No School** (Bad Weather) (Good Friday)
- 16 – Easter
- 17 – Cheer fittings
- 19 – CDE Area Land at TSU
- 20-22 – State UIL Academics
- 22 – CDE state at TTU (ento, cotton, ag. comm. FBM)
- 24-27 – Regional Golf
- 25 – State CDE – Wildlife
- 27 – CDE – State at TSU (land, dairy, milk)
- 28-29 – Regional Track at San Angelo
- 28 – CDE State at SHSU (floral, FBM)
- 29 – CDE State @ TAMU



Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 Chicken-n-Biscuit or Breakfast Strudel/Ch. Stick</p> <p><i>Hamburger/Ch. Burger, *HB Garnish, Oven Fries, Fresh Veggie Cup, Apple Slices</i></p>	<p>4 Pancake Wrap/*Yogurt or Apple Muffin Top/*Yogurt</p> <p><i>Chicken Nuggets, Mashed Potatoes, *Roll, Salad, Tuscan Vegetables, *Orange Smiles</i></p> <p><i>(JH District Track at Sands)</i></p>	<p>5 French Toast/Sausage or Breakfast Parfait</p> <p><i>Chicken Fajitas, Sp. Rice, Lettuce & *Tomato Garnish, Refried Beans, *Salsa, Hot Cinnamon Peaches</i></p>	<p>6 Early Bird Sandwich or PBJ</p> <p><i>Chicken Parmesan, Salad, Breadsticks, Green Beans, Seasonal Fruit</i></p>	<p>7 Dutch Waffle/Bacon or Honey Nut Cheerios/Toast</p> <p><i>Pizza Choice, *Baby Carrots, Steamed Broccoli, Chilled Pineapples, Sugar Cookie</i></p> <p><i>(Klondike Relays at Sands - 1/2 day – release at 12:30)</i></p>
<p>10 Breakfast Club or Breakfast Round/*Yogurt</p> <p><i>Steak Fingers, Gravy, *Roll, Mashed Potatoes, Carrot Coins, Cinnamon Applesauce</i></p>	<p>11 Breakfast Pizza or Breakfast Strudel/Ch. Stick</p> <p><i>Spaghetti Bowl/*Meatballs, Breadsticks, Salad, Baked Okra, Sliced Peaches, Choc or Vanilla Pudding</i></p>	<p>12 Biscuit/Scr. Eggs/Sausage or Banana Muffin/*Yogurt</p> <p><i>Mexican Combo Plate, Mexicali Corn Charro Beans, *Salsa, Lettuce & *Tomato Garnish, Strawberries & *Bananas</i></p>	<p>15 *Sausage Kolache/*Yogurt or Oatmeal Muffin Sq./*Yogurt</p> <p><i>Popcorn Chicken, *Roll, Oven Fries, Cucumber Dippers, Seasonal Fruit, Cookie</i></p>	<p>14</p> <p>NO SCHOOL <i>(Good Friday)</i></p>
<p>17 Breakfast Burrito/H. Browns or Orange Muffin Top/*Yogurt</p> <p><i>Hamburger/Ch. Burger, *HB Garnish, Oven Fries, *Baby Carrots, Mixed Fruit</i></p>	<p>18 Biscuit/Gravy/Scr. Egg/Ham or PBJ</p> <p><i>Hot Ham & Ch. Pretzel Sandwich, *Tomato-Cucumber Cup, Salad, Apple Slices</i></p>	<p>19 Cinnamon Roll/Sausage or Breakfast Parfait</p> <p><i>Texas Chicken Strip Basket, Carrot Coins, Snowball Salad, Cookie</i></p>	<p>20 Sausage-Egg-Cheese Croissant or Golden Grahams/Toast</p> <p><i>BBQ on a Bun, Coleslaw, Pinto Beans, *Orange Smiles</i></p>	<p>21 Waffle/Bacon or Choc. Chip Muffin Top/*Yogurt</p> <p><i>Philly Cheese Steak Sand., *Potato Rounds, Green Beans, Apple-Pineapple D'Lite</i></p>
<p>24 Sausage Biscuit or Breakfast Round/*Yogurt</p> <p><i>Taquitos & Queso, Charro Beans, Salad, Hot Cinnamon Peaches</i></p>	<p>25 Pita Pocket Breakfast or Breakfast Strudel/Ch. Stick</p> <p><i>Meatball Sub Sandwich, Potato Rounds, Fresh Veggie Cup, Seasonal Fruit, Choc or Vanilla Pudding</i></p>	<p>26 Chicken-n-Waffle or Choc. Muffin/*Yogurt</p> <p><i>Fiesta Bowl, Salad, *Tiny Tomato Cup, Fruit Cup</i></p>	<p>27 Stuffed Bagel/Sausage Link or PBJ</p> <p><i>Chicken Nuggets, Mac & Cheese, Green Beans, Broccoli, Apple Slices</i></p>	<p>28 Dutch Waffle/Bacon or Cinn. Toast Crunch/Toast</p> <p><i>Hamburger/Ch. Burger, *HB Garnish, Oven Fries, *Baby Carrots, Sliced Peaches, Crispy Cereal Treat</i></p>



ANNUAL STUDENT ART CONTEST CONTINUES!
SEND US YOUR MOST CREATIVE DRAWINGS AND CREATIONS!
VISIT SQUAREMEALS.ORG/ARTCONTEST FOR MORE DETAILS.

Good Eats At:

Klondike Lunch & Breakfast Menu

A variety of milks*, juices & fruits offered daily with breakfast.
A variety of milks* & fruits offered daily with lunch.
This institution is an equal opportunity provider.

*=Texas Local Product

Beets

Listen to the Beet! Beets are another root vegetable with dark green leaves. The most common beets are red, but they also come in white, yellow, and even striped colors! Beets grow well during spring and fall because they like cool temperatures. They are great for small gardens because they do not need a lot of space to grow.

In South Texas areas beets can grow all throughout the winter months. Pacemaker III is a beet variety grown in Texas, but other names include Red Ace, Red Cloud and Warrior.

Potassium: Beets are rich in potassium, which helps your muscles and heart stay healthy.

Growing Regions: High Plains, Rio Grande Valley and Winter Garden

Pomegranates

A pomegranate is a larger fruit about the size of a grapefruit and is similar in color to a red apple. The word pomegranate comes from French and Latin words that when read together mean "apple with many seeds." Every pomegranate is filled with hundreds of edible seeds surrounded by covers called arils. The seeds and arils are the edible parts of the fruit and can be red, pink, purplish, or white.



Pomegranate plants can be shrubs or small trees, and once planted take three to four year to start producing fruit. Once the plant matures it can start producing upwards of 200 pomegranates annually.

Growing Regions: East Texas, Rio Grande Valley and Winter Garden

Visit: SquareMeals.org/SeasonalityWheel

MESSAGE DECODER

A - 1	F - 6	K - 11	P - 16	U - 21
B - 2	G - 7	L - 12	Q - 17	V - 22
C - 3	H - 8	M - 13	R - 18	W - 23
D - 4	I - 9	N - 14	S - 19	X - 24
E - 5	J - 10	O - 15	T - 20	Y - 25
				Z - 26

Did You Know?

According to the Guinness World Records the heaviest beet in the world...

23 5 9 7 8 5 4 15 22 5 18

6 9 6 20 25 15 14 5

16 15 21 14 4 19 !



Joke of the Month

Q. Why couldn't the kid finish the race?
see answer below.



Growing Regions



John Krewer. He was just a little beet. If message, weighed over 145 one pound!