

KIOWA ISD BREAKFAST & LUNCH MENU

March 2023

<i>Feb. 27</i>	<i>Feb. 28</i>	1	2	3
<i>Breakfast Pizza or Cereal/Toast</i>	<i>French Toast/Sausage</i>	Bacon & Egg Biscuit	Pancake Wrap/Yogurt	Cinn. Roll/ Sausage
Nacho Grande <i>*Salsa, Beans, *Cucumber Slices, Sliced Peaches, *Ice Cream Cup</i>	Corn Dogs <i>Tator Tots, *Tomato Cups, Sliced Pears</i>	Spaghetti Bowl <i>*Cucumber/Tomato Salad, Garden Salad, Fruity Gelatin</i>	Asian Bowl (Elem-Popcorn Chicken) <i>Egg Roll, *Rice, Roasted Parmesan Broccoli, *Seasoned Corn, Mandarin Oranges</i>	Pizza Choice or Fish <i>*Rainbow Carrots, Zucchini Fire Sticks, Fruit Cup, *Cookie</i>
NATIONAL	SCHOOL	BREAKFAST	WEEK	March 6 - 10
6	7	8	9	10
Sunrise Sandwich or Programming Parfait, TX Sliced Apples, Juice	Wacky Robot Waffles, Fresh Pears, Chili Cinnamon Roasted Sweet Potatoes	Oatmeal/Cinn Toast or S.T.E.M. Scones, Sausage Links, Fresh Grapefruit, Pineapple Tidbits	Breakfast Pizza or Fuel Up French Toast, Fresh Grapes, Applesauce	Breakfast Burrito/Hashbrowns, Banana, Sliced Peaches
Country Fried Steak Mashed Potatoes, Savory Green Beans, Roll, Fresh Strawberries <i>(PK- Steak Fingers)</i>	Baked Potato <i>*Garden Salad, Breaded Okra, Dinner Roll, Peaches</i>	Mexican Combo Plate Charro Beans, *Baby Carrots, Sp. Rice, *Salsa, Fruit Salad, *Frozen Yogurt Cup	Popcorn Chicken Seasoned Corn, *Crunchy Broccoli Salad, Fresh Apple Slices, *Rice Krispy	Ham/Turkey or Fish Sand. Tomato cup, Bean Dip, Chips, Fruit <i>Early Out-12:30</i>
13	14	15	16	17
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<i>No School</i>	<i>No School</i>	<i>No School</i>	<i>No School</i>	<i>No School</i>
20	21	22	23	24
Breakfast Burritos/Hashbrowns	Mini Pancake & Bacon	Early Bird Sandwich	Breakfast Combo (Scrambled Eggs, Cubed Potatoes, Toast)	Oatmeal/Cinn Toast or Donuts Holes/Sausage
Frito Pie Perfect Beans, *Fresh Veggie Cup, Chilled Pineapple, *Peach Crisp	Boneless Chicken Wings Lemon Roasted Carrots, *Celery Sticks, Fruit Salad, Chips, *Sherbet	Lasagna Steamed Broccoli, *Red Pepper Strips, Garlic Knots, Cinn. Applesauce	Chicken Spaghetti Garden Salad, *Tomato Cup, Bread Sticks, Cantaloupe	Steak Fingers or Fish Gravy, *Roll, Savory Green Beans, *Seasoned Corn, Peaches
27	28	April 1	April 2	April 3
Breakfast Pizza or Cereal/Toast	French Toast/Sausage	Bacon & Egg Biscuit	Pancake Wrap/Yogurt	Toast, Sausage & Cheese Muffin/Yogurt
Nacho Grande <i>*Salsa, Beans, *Cucumber Slices, Sliced Peaches, *Ice Cream Cup</i>	Asian Bowl (Elem-Popcorn Chicken) Egg Roll, *Rice, Lemon Zest Broccoli, *Seasoned Corn, Mandarin Oranges	Crispy Chicken Sand <i>*Fresh Veggie Cup, Garden Salad, Fruity Gelatin</i>	HB/CB Tator Tots, *Tomato Cups, Sliced Pears	Pizza Choice or Fish <i>*Rainbow Carrots, Roasted Cauliflower, Fruit Cup, *Cookie</i>

*=K-12 only

- 9th - 12th only

Italics=PK only

A variety of milks*, juices & fruits offered daily with breakfast.

A variety of milks* & fruits offered daily with lunch.

This institution is an equal opportunity provider.

Parents - Please check the menu to make sure that there are no foods to which your child may be allergic. Thank you.



Daylight Savings is Sunday, March 12th